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## Frequently Asked Questions

### **Q. What is GentleWaves?**

A. GentleWaves is a new skin rejuvenation device that uses safe, low level light to help stimulate our skin's collagen production and also slows down collagen breakdown.

### **Q. What can GentleWaves do for my skin?**

A. By stimulating new collagen our skin regains a healthy and more youthful appearance. GentleWaves will help make our skin feel softer & smoother while diminishing the appearance of fine lines and wrinkles. GentleWaves has also been shown to reduce the appearance of unwanted skin redness.

### **Q. How long does a GentleWaves treatment take?**

A. After proper cleansing of the skin, the Classic GentleWaves LED treatment takes less than one (1) minute. However, many patients opt for the GentleWaves Euro treatment program.

### **Q. What is a GentleWaves Euro Treatment**

A. The GentleWaves Euro Treatment consists of a gentle exfoliation of the skin prior to the GentleWaves LED session. Enzymatic masques, microdermabrasion and chemical peels are the three most common methods of exfoliation done prior to GentleWaves treatments.

### **Q. How many GentleWaves treatments do I need?**

A. Depending on the desired results and the area being treated, most physicians are recommending an 8 to 10 initial treatment program.

**Q. How often should I get GentleWaves treatments?**

A. Since GentleWaves is non-thermal, you can be treated up to twice a week. Most physicians are recommending a once per week program.

**Q. Will the GentleWaves treatments hurt?**

A. No. Unlike lasers, GentleWaves is non-thermal and no discomfort or pain is associated with the treatments.

**Q. When will I start seeing results?**

A. GentleWaves treatments are progressive and you will notice more correction with each treatment. Patients are reporting noticeable changes as early as after 3 to 5 treatments.

**Q. Can I combine GentleWaves with other skin care treatments?**

A. Yes, GentleWaves can be administered alone or in conjunction with other treatments. Physicians have found GentleWaves to be highly complimentary with other skin care treatments such as Botox, microdermabrasion, fillers, Photofacial devices and skin rejuvenating lasers.

**Q. How long will the GentleWaves results last?**

A. Overall skin improvement can last many months after GentleWaves treatments. Most physicians recommend a once per month maintenance after the initial series to keep your skin looking its best.